## CHRISTIAN ATHLETIC ASSOCIATION HOMESCHOOL PHYSICAL EDUCATION

### **Sessions (12 Weeks Each)**

**Session I:** September 9th- November 25th

**Session II:** December 2nd - February 24th

No classes Dec. 30th

**Session III:** March 2nd - May 25th

No classes week of Easter Holy

week, March 23rd

Registration for Session 1 must be received by August 26th 2015 to plan for fall classes.

## **Classes/Times**

Class A: <u>Ages 6-11</u> Wednesday 2:30-3:30pm (See below for location information) Class B: <u>Ages 12-17</u> Wednesday 1:15-2:15m Session I & III (Beginning April 6th meet @ CAA PARK, 202 Ingleside Avenue, Catonsville,

Session II @ Bishop Cummins Church Gym, 2001A Frederick Rd

Please note: Families requesting to have siblings of different class qualification placed in the same class must confirm the appropriateness for those students to be moved with the teacher prior to start of class.

PLEASE BE PROMPT FOR YOUR CLASS & PROMPTLY PICK UP STUDENTS AT END OF CLASS. Unsupervised students must wait in CAA office until parent picks them up.

#### Curriculum

#### Grades 1-5: Movement & Wellness Education

(Individual and group exploratory activities which work on large and fine motor skills. Skill themes will be implemented in various group games.)

Grades 6-12: **Progressed Athletic Movement, Strength & Conditioning w Sport Specific Application.** 

> (Balance, coordination & strength will be developed in order to master sport specific skills and techniques. Small side games and competitions will be used to apply learned competencies.



#### **Fees**

\$90.00 per student/session (\$240.00/year\*)

\$180.00 2 per same family /session (\$485.00/yr\*)

\$250.00 max-family fee/session-(\$675.00/yr\*)

\*-yearly rate fee required in full no later then August 26th 2015 for discount to be applied.

#### CAA HOMESCHOOL REGISTRATION FORM 2015-16 School Yr.

Session(s) Requested: I II III

—Please Circle Sessions Regis	tering for Above-
Parent(s) Name:	
Address:	
City State	Zip
Email Address:	
Home Phone:	
Cell Phone:	
Student:	
Class Request:	AGE:
Student:	
Class Request:	AGE:
C. I.	
Student:Class Request:	A C.E.
Class Request:	AGE:
Student	
Student:Class Request:	
class kequest:	AGE:
I give my permission for my chil	d/children to
participate in Christian Athletic	
homeschool physical education	
accept full responsiblility for any medical	
expenses that may occur due to	
during participation in this prog	gram and will not
hold CAA liable.	
Parent Signature :	
Date:	
PHYSICAL LIMITATIONS FOR	ABOVE
STUDENT(S):	
********	******
OFFICE USE ONLY FEE PAIL	)
Rec'd by:Amt:Dat	e: Tear off
and send registration and fee to	:

CHRISTIAN ATHLETIC ASSOCIATION 2001A FREDERICK ROAD CATONSVILLE, MD 21228

Please return by Aug. 26th, 2015

# Christian Athletic Association 2001 A Frederick Road Catonsville, MD 21228

## **DIRECTIONS:**

## **BISHOP CUMMINS**

2001 A FREDERICK ROAD, 21228
695 to Frederick Rd., west towards Ellicott
City past Candlelight Inn make second left on
to Morerick Avenue and the church is
immediately on the right. Enter through the
second set of glass doors and proceed down
the stairs.

## **CAA PARK**

202 Ingleside Avenue, 21228
695 to Frederick Road West towards Ellicott
City. Once on Frederick Road, proceed to the
2nd light and turn right onto Ingleside Ave.
Fields will be on the right.

For More Information, Call...

410-747-7920



CATONSVILLE, MD www.CAAYouthSports.org "Training Athletes ... Building Character" - Since 1985

# **Christian Athletic Association**

HOMESCHOOL PHYSICAL EDUCATION PROGRAM



Sessions <u>I</u>, <u>II</u> & <u>III</u> 2015-2016