



GUCS Rules: 5/6-year-old Boys and 5/6-year-old Girls

Players in these divisions will play **small-sided games** to provide more activity and the maximum number of soccer ball touches; quicker individual improvement in many facets of soccer including team play and co-operation; more confidence building and excitement for players and parents; building new friendships.

Teams will play **3 vs 3**. There are **no goalkeepers**.

The soccer ball is **size #3**.

Games consist of **4 quarters of 8 minutes each**, with a 5-minute rest/water break between quarters.

All players must wear **shin guards**. Soccer cleats are recommended although sneakers are acceptable to wear. **No jewelry** is to be worn.

Substitutions can be made whenever play is stopped.

The ball is **out of play** when the *whole ball* crosses the *entire* touchline (sideline) or goal line, whether on the ground or in the air. The ball is in play at all other times.

When the ball goes out of play, **re-starts** will occur with a player from the opposite team kicking the ball in from the place where the ball went out.

Coaches will **referee** each game and keep track of time.

Parents will cheer and praise and set a good example to help these players develop a love for the most popular game in the world.

Let the fun begin.