



## **GUCCS Rules: 5/6-year-old Boys and 5/6-year-old Girls**

Players in these divisions will play **5v5** to provide more activity and the maximum number of soccer ball touches; quicker individual improvement in many facets of soccer including team play and co-operation; more confidence building and excitement for players and parents; building new friendships.

Teams will play **5v5**. This includes a goalkeeper. No more than 5 players from each team should be on the field to minimize players bunching up.

The soccer ball is **size #3**.

Games consist of **4 quarters of 8 minutes each**, with a 5-minute rest/water break between quarters.

**We are NOT keeping score or standings. Kids are here to learn and HAVE FUN!**

All players must wear **shin guards**. Soccer cleats are recommended although sneakers are acceptable to wear. **No jewelry** is to be worn.

**Substitutions** can be made whenever play is stopped.

The ball is **out of play** when the *whole ball* crosses the *entire* touchline (sideline) or goal line, whether on the ground or in the air. The ball is in play at all other times.

When the ball goes out of play, **re-starts** will occur with a player from the opposite team **kicking the ball in** from the place where the ball went out OR with a proper **throw-in** (both feet on the ground and both hands holding the ball behind their head) OR with an indirect **goal kick** or **corner kick**. 'Indirect' means that 2 players must touch the ball before a goal can be scored.

Coaches will **referee** each game and keep track of time.

**Parents** will cheer and praise and set a good example to help these players develop a love for the most popular game in the world.

*Let the fun begin.*

## DETAILS OF THE RE-START RULES:

**THROW-IN:** Restart with a throw-in if the ball goes out of play over the touchline. The throw-in will be taken by a member of the opposing team that last touched the ball, near where the ball went out. Keep 2 feet on the ground with hands starting behind their head. Opponents must stay at least 5 yards away.

**GOAL KICK:** Restart with a goal kick if the ball goes out of play over the goal line, last touched by a member of the attacking team. The ball is placed anywhere on the edge of the goal area. Opponents should move back to midfield.

**CORNER KICK:** Restart with a corner kick if the ball goes out of play over the goal line, last touched by a member of the defending team. The ball is placed on the corner of the field closest to the place where the ball went out. Opponents must be positioned at least 5 yards from the ball.

**GOALKEEPERS** may touch the ball with their hands inside of the painted Goal Box. They may kick the ball if they are outside of the goal box.