



## **LVTB GUIDELINES FOR PLAYERS, COACHES, SPECTATORS, AND VOLUNTEERS DURING “RESTORE ILLINOIS” PHASE 4**

The following guidelines, rules, and restrictions have been created by the LVTB Executive Board to assist our coaches, players, parents, spectators, and volunteers in understanding the expectations for our phased return to play. In formulating this approach, we have carefully considered the guidance set forth by the Governor’s “Restore Illinois” Plan, the more specific guidance in the Youth Sports Guidelines issued by the Illinois Department of Commerce & Economic Opportunity, recommendations from the Centers for Disease Control and Prevention, as well as the advice from local public officials.

Failure to comply with the instructions below by any coach, player, parent, spectator, or volunteer will result in disciplinary action, up to and including removal from the facility and/or the LVTB program.

We will follow the phasing approach set forth in the “Restore Illinois” Plan for the Northeast Health Region. LVTB teams will proceed under these guidelines regardless of any previously scheduled activities at locations in another Health Region in the state or any other location outside Illinois.

### **Guidelines, Rules & Restrictions**

#### **“Phase 4: Revitalization”**

As the Northeast Health Region moves into this Phase, LVTB will begin to adhere to the following set of guidelines, rules, and restrictions:

- Allowed activities include team practices, as well as competitive games and tournaments
- Parent or guardian must sign a “Coronavirus/COVID-19 – Assumption of Risk and Waiver of Liability” (provided separately) prior to the player’s participation in first practice or game
- Group sizes shall be limited to 50 total players, coaches, and umpires (excludes spectators)
- Multiple groups of 50 or fewer are permitted at once, and all these group areas will be designated to ensure a minimum of 30 feet of distance is maintained between groups
- Game and practice times will be staggered to minimize the congregation of groups
- Players, coaches, and spectators shall exit the field/park in a timely fashion to allow the next groups to enter
- Players shall wear face coverings over their nose and mouth when not actively participating in a practice or game
- Players not participating shall maintain six feet of distance between individuals
- Dugouts will be limited to a maximum of four players, with an additional four players aligned directly behind the dugout, and the remaining players spread adjacent to the dugout (players should bring their own seating)
- Players shall place personal belongings at least six feet away from others’ personal belongings
- All coaches, staff, volunteers, and spectators shall wear face coverings over their nose and mouth when indoors, or when outdoors and within six feet of others (cloth masks preferred)



- Social distance of at least six feet should be maintained between non-household individuals
- No communal sources of hydration (team water cooler or sports drink jug)
- No handshakes at the beginning or end of games or practices
- Bathrooms will be open at the Lake Villa Baseball Complex during practices and games, and all who attend are encouraged to frequently take advantage of the hand washing capability
- LVTB shall implement and follow all Disinfecting/Cleaning Procedures outlined in the "COVID-19 2020 YOUTH AND RECREATIONAL SPORTS GUIDELINES" issued by the Illinois Department of Commerce and Economic Opportunity, including both "Minimum Guidelines" and "Best Practices" when applicable and practical
- If/when concessions will be open at the Lake Villa Baseball Complex, LVTB will follow all "RESTAURANT AND BAR GUIDELINES" and the "YOUTH AND RECREATIONAL SPORTS GUIDELINES" as they pertain to concessions operation
- Spectators will be limited to designated areas and are not allowed in or near designated player/coach areas
- Spectator group areas will be limited to 50 individuals and there shall be no mixing of groups
- Spectators shall bring their own seating
- Spectators will be limited to immediate household members
- Only coaches and players will be allowed at practice
- All players are encouraged to bring their own equipment (e.g. bats, gloves, helmets, catcher's gear) and if practical, equipment shall not be shared among teammates
- If practical, any shared equipment shall be sanitized between uses
- Coaches, players, families, and volunteers should stay home if they are showing COVID-19 symptoms
- Coaches, players, families, and volunteers who have recently had close contact with a person with COVID-19 should also stay home and monitor their health
- In the event any player, coach, or immediate family member of either, tests positive for COVID-19, knowingly comes in contact with anyone that has tested positive for COVID-19; exhibited any symptoms commonly associated with COVID-19, including fever; or traveled outside the United States; the LVTB team manager must be notified immediately who will then promptly inform a member of the LVTB Executive Board
- LVTB will, at minimum, mandate that any individual who tests positive for COVID-19 or has recently had close contact with a person with COVID-19 follows the guidance from the Centers for Disease Control and Prevention as it pertains to quarantine, isolation, and return policies
- LVTB team managers must provide these guidelines to the manager of any visiting team in advance of any game scheduled to take place at an LVTB utilized and approved playing field, allowing for ample time for all visiting coaches, players, parents, and possible spectators to review and understand prior to attending

The LVTB Board will provide any updates to these guidelines promptly, as applicable.