

Symptoms and Signs of Mild Stroke

The following are the most common symptoms of mild stroke:

- Dizziness
- Pain in chest
- Blurred vision
- Confusion
- Weakness
- Loss of balance and coordination
- Slurred speech
- Tingling
- Weakness in one hand and leg
- Numbness on the face
- Uneven smile
- Muscle stiffness
- Memory loss
- Difficulty in swallowing

Call your doctor if you experience the above symptoms and signs of mild stroke.

Stroke Symptoms and Signs in Men

For both women and men, stroke is identified by an inability to speak and recognize speech, a hassled expression, numbness on face and arms or legs and sudden confusion. An individual who is experiencing a stroke can also have trouble speaking or interpreting conversation. There are stroke symptoms and signs unique to men.

Stroke Symptoms and Signs in Women

Women are less likely to receive Tissue Plasminogen Activator (TPA) meant to break up blood clots. This is an important development because the most common type of stroke is caused by a blood clot reaching the brain. In short, women tend to have “vaguer” stroke symptoms. In turn, they are not always treated as a sign of stroke which leads doctors to avoid the use of TPA.

Even though men are more inclined to possess a stroke, women hold a higher lifetime threat of stroke. Women are more prone to die from a stroke. Women encounter a greater possibility of getting a stroke for several reason: Women live longer than men. Most women have more stress than men. Women will probably possess high blood pressure (hypertension) as compared to men. Pregnancy, as well as birth control, additionally increase a woman’s threat of stroke. Th stroke signs and symptoms for women involve:

- Seizures
- Fainting
- Coordination problems
- Hiccups
- Shortness of Breath

- Nausea
- Pain (arms, legs, face)
- Chest pain

As these signs and symptoms are unique to women, it might be hard to immediately link them with stroke. It will delay the treatment, leading to severe injuries, long-term disability, or loss of life.